

ST JOSEPH'S PRIMARY SCHOOL



From the Principal's Desk, Week 2 of Term 1

Dear Parents and Carers,

It seems like only a short time ago that I was wishing you a blessed and peaceful Christmas and a great break during the holidays and here we are back at school. All the bright, smiling faces greeting me each morning certainly give me the energy to tackle the tasks at hand with plenty of enthusiasm.

Last Thursday, it was terrific to see the new Kinder children and their parents. It is great to report that the children went off happily to class and settled in like a group that had been at school for some time. So welcome to all the Kindergarten children and all new families, I hope that you will soon feel like true members of the 'special family' we have at our school.

My philosophy about being a Principal is very simple – 'children and parents come first'. My door is always open and you are ALL invited to come and speak with me at any time (if I can't stop, then and there, I will certainly make an appointment to speak to you later).

This year has started off really well and I know we have a great staff and a team of dedicated educators, and as Principal I certainly appreciate their enthusiasm, dedication and commitment. Welcome back everyone and a special welcome to our new families and new teachers Mrs Whitlam, Mrs Greene and Mrs Redman.

Yours in Catholic education,

Glen Rooke

Principal

Important dates:

February

- 5th School Swimming carnival
- 7th 1.45pm - Afternoon tea for parents and parishioners
2.10pm - Beginning of school year liturgy
2.30pm - Awards assembly
Newsletter published
- 12th Manning Regional Swimming Carnival
Gloucester swimming pool
Money and note due for Year 6 sport shirts
- 20th Goal Setting meetings from 3.30pm
- 21st Early Starters program commences for 2020
Newsletter published and 2:30pm Awards Assembly in the Learning Hub
During the assembly the Member for Myall Lakes, Mr Stephen Bromhead, will present "Myall Lakes Leadership Medallions" to our Yr 4-6 leaders
- 25th Shrove Tuesday
- 26th Ash Wednesday Liturgy
- 27th Diocesan Swimming Carnival at Lambton swimming pool
- 28th Interim Reports are sent home

March

- 6th Newsletter published and 2:30pm Awards Assembly in the Learning Hub
- 9th Open afternoon at St Clare's High School Taree
- 17th St Patrick's Day
- 18th Creative Arts Workshop at school
- 19th St Joseph's Day
- 20th Newsletter published and 2:30pm Awards Assembly in the Learning Hub
- 25th Maths Games competition event 1
- 26th School Mass commencing at 9:15am

April

- 3rd Newsletter published and 2:30pm Awards Assembly in the Learning Hub
- 9th Last day of the term
- 10th Good Friday
- 12th Easter Sunday

The staff for this year is as follows:

School Principal	Mr Glen Rooke
Religious Education Coordinator	Mrs Amanda Pomplun
Year K/1/2 teacher Redman	Mrs Sarah Olling (until she takes maternity leave) and Mrs Jane
Year 2/3/4 teacher	Mr Rhett Thomson
Year 5/6 teacher	Mrs Amanda Whitlam
Leading Teacher	Mrs Amanda Pomplun
Librarian	Mrs Anne Marie Greene
Librarian Assistant	Mrs Megan Arnett
Learning Support Teacher	Mrs Anne Marie Greene
Learning Support Assistant	Mrs Mary Mullan
Learning Support Assistant	Mrs Maria Stubbs
Clerical Officer	Mrs Nickie Dorney Tues, Wed and Thursday
Clerical Officer	Mrs Megan Arnett Mon and Friday
Pastoral Care Worker	Mrs Alicia Madden

Sport

Sport day in Term 1 2020 will be on a Thursday. Please ensure that your children arrive to school in their sports uniform each Thursday unless informed otherwise.

Swimming Carnival

Well done to all of our students on their efforts at our swimming carnival on Wednesday. A number of students have been selected to participate in our regional swimming carnival to be held at Gloucester next Wednesday, we wish all competitors all the best. Please ensure your permission note is returned to school by next Monday. A very special thank you to Mr Thomson for his organising of Wednesday's carnival, well done Mr Thomson! A thank you also to the parents and grandparents who attended to support their children. The day was very enjoyable for all involved!

Counsellor's Correspondence

Mrs Alison Perry will continue as our School Counsellor in 2020. Alison's dates for visits in Term 1 are: Thursday 6th and 20th of February, 5th and 19th of March and the 2nd of April.

Student Representative Council for 2020

Congratulations to our chosen representatives who were voted in by the school community.

Year 2 - Ezra Limo

Year 3 – Elizabeth Limo

Year 4 - Poppy Kinnane

Year 5/6 - Margaret Kronenberger, Charles Patino and Summer Watson

We look forward to their leadership during the year and I know that they will be supported by the whole school community. Our representatives were presented with their badges during our Beginning of School Year Liturgy which took place this afternoon.

Communication

A reminder that Compass is our primary mode of communication in the school.

Compass includes many different features, including the ability to:

- Monitor your child's attendance, and enter an explanation for absence or lateness
- Communicate with your child's teachers
- Update your family contact information
- View the school calendar
- Download and view your child's Semester Reports
- Book Parent/Student/Teacher Conferences

Activities that have been taking place so far this year and for the remainder of term 1-4, that have been identified to date, have been displayed in Compass from late last year. Please click on the Calendar icon to access this information.

If parents and carers would like the **newsletters** emailed or **fee statements** emailed home, please let the ladies in the office know. If you require assistance with Compass, again please touch base with the ladies in the office.

Finally, if you wish to speak to a teacher to discuss your child please do this prior to school or make an appointment. Once the bell rings teachers do not have the time to provide you the attention you deserve.

School Uniform

We believe that it is important that children learn to present themselves well and take pride in their appearance. We also expect each child to wear the correct school uniform. Please ensure that you and your children adhere to the following guidelines:

- Children are expected to wear the correct uniform at all times.
- **Black** school shoes are to be worn daily
- Long hair needs to be tied back.
- Hair ribbons or scrunchies must match the colours of the uniform.
- No earrings are to be worn except for **sleepers or studs** (must be in both ears).
- No other jewellery is to be worn.
- Sports uniform is worn on sport days.

Thank you for assisting the school in maintaining a high standard of dress.

St Clare's High School

Please be aware that there is an open afternoon being held at St Clare's High School Taree on Monday, 9th March between 4:00pm and 5:30pm. Parents and students who are interested in attending St Clare's in 2021 are most welcome to attend. Additional St Clare's information is attached to our yr 6 newsletters.



How You Can Create a Healthy Lunch Box Cancer Council NSW is keen to promote awareness about healthy eating and has therefore produced its Healthy Lunch Box website healthylunchbox.com.au

Summer is here so keeping some foods cold is very important. The key to achieving this and the necessity to follow hygienic food preparation methods can be found on the website. Get your kids involved in the planning and preparation of their lunches. This can be a good way to ensure a yummy summer lunch box will be on its way to school.

Keeping your kids sun safe is also most important so don't forget to remind them to slip on clothing; slop on broad-spectrum sunscreen, slap on a broad-brimmed hat, seek shade and slide on sunglasses.

Summer Book Blitz

Thank you to all the wonderful entries for the Summer Book Blitz. I was so amazed to see how many books you all read over the holidays. Research has shown that the more reading you do, the better your comprehension, spelling, and vocabulary become! Congratulations to all students who participated.

Lynelle Grills, Wendy Grills and Ayla Matheson were all presented with a certificate and prizes today for their interesting, creative and thoughtful comments about the books they read.

Well done everyone!

Amanda Pomplun

Leading Teacher – Literacy and Numeracy.

RE News

It was great to welcome our community into a new school year at our Beginning of Year Liturgy today and to bless the new school leaders. We strive to be a community that 'makes Jesus real' in everything we do and that shines through in our students and families.

We have a busy term ahead with the period of Lent beginning in Week 5 and Catholic Schools Week in Week 6. Updates on liturgies, open days and events will appear on our Compass App throughout the term.

Amanda Pomplun

Religious Education Coordinator

School Awards

Principal awards

Preston Kerry for his outstanding efforts at our swimming carnival.

Angus Matheson for the calm way he has settled into our school.

Kinder/1/2 Awards

Daniel Dallas- For settling into Kindergarten quickly and being a kind class member.

Kian Patino- For beginning the year with a positive attitude towards your learning.

Yr 2/3/4 Awards

Wendy Grills- For being a kind and caring class member who is always willing to help others.

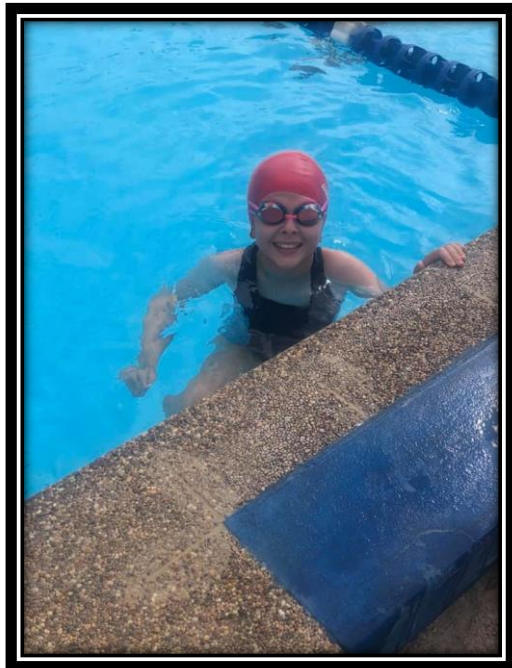
Ayla Matheson- For always trying her best in everything she does.

Yr 5/6 Awards

Cooper Sams- For settling beautifully into our St Joseph's community.

Corban Matheson-Clough- for always being on task and ready to learn.

Swimming carnival 2020



Good for Kids good for life

PACKING AN EVERYDAY LUNCHBOX

Packing an everyday lunchbox does not have to contain fancy ingredients.

Make packing an everyday lunchbox easy by adding:

- **Crunch and Sip@:** 1 serve of fruit or vegetables
- **Recess:** 1 serve of fruit or vegetables + 1-2 everyday snacks e.g. rice crackers, yoghurt
- **Lunch:** Sandwich/wrap/roll or leftovers containing everyday ingredients e.g. pasta, fried rice
- **Drink:** Water and/or reduced fat plain milk
- Don't forget to add an **ice brick** to keep the food cool and safe

See our everyday lunchboxes below for ideas.



Crunch & Sip@: Capsicum sticks
Recess: Mini rice cakes, banana
Lunch: Multigrain wrap with chicken, cheese, carrot and lettuce
Drink: Water



Crunch & Sip@: Cherry tomatoes
Recess: Rice crackers, cucumber sticks and hummus
Lunch: Raisin bread sandwich with banana
Drink: Water, reduced fat plain milk



Crunch & Sip@: Carrot sticks
Recess: Yoghurt, grapes
Lunch: Whole meal sandwich with tuna, tomato and lettuce
Drink: Water

Whilst brands may be depicted in these images, Good for Kids has no affiliation and does not endorse any specific food brand.



Health
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